Crispy veal scaloppini, tomato salsa, molten fresh mozzarella and arugula and aged balsamic vinegar salad |

Recipe for 4 portions



Description

Thin slices of veal scaloppini crusted with Panko, melted fresh mozzarella, tagliatelles with a plum tomatoes concassé flavored with balsamic vinegar and basil.

Note

The veal scallops should be cooked at the last moment to keep the Panko crust crispy.

Ingredients

For the veal escalope

- 4 Unit(s) Veal scallop
- 2 Unit(s) Egg
- 30 Gr Flour
- 100 Gr Fresh mozzarella
- 150 Gr Japanese breadcrumbs (panko)
- Salt and pepper
- Olive oil

For the linguine

- 250 Gr Linguine
- Salt and pepper
- Olive oil

Preparation

- Preparation time 40 mins
- Preheat your four at 400 F°

For the tomato concassé

- 400 Gr Italian tomatoes
- 2 Sprig(s) Basil
- 30 Ml White balsamic vinegar
- 4 Clove(s) Garlic
- 60 Ml Tomato paste
- Salt and pepper
- Olive oil

General preparation

Cut the tomatoes into cubes. Finely chop the basil. Slice the buffalo mozzarella and mince the garlic.

Veal scaloppini preparation

Salt and pepper before cooking. Dust with flour, then place the veal escalopes in eggs. Then, drain and place into Panko bread crumbs. In a medium hot pan, pour a little oil and sear the escalopes for 2 minutes on each side. Place a few slices on top of the scaloppini and bake in the oven for 2 minutes to melt the mozzarella. Keep warm.

Italian tomatoes concassé preparation

In a pan with olive oil, cook the tomatoes on medium heat for 5 minutes, add the garlic and cook 3 min. Add the balsamic vinegar and remove from the stove. Put the basil, salt and pepper.

Linguine preparation

In a big pot of salty boiling water, cook the tagliatelles for 7 minutes, strain it, put a nice drizzle of olive oil on it, salt and pepper.

To serve

In each plate, place a veal linguine, a nice bunch of tagliatelles and concassé on the top.

Bon appétit!