Fruit tartar, red fruit coulis, mascarpone |

Recipe for 12 tapas



Description

Seasonal fruits cut into small dice and seasoned with a chiffonade of basil, served with a berry coulis and a dollop of mascarpone cream.

Note

You can use any fruit in season to make your tartare.

Ingredients

Fruit tartare preparation

- 150 Gr Strawberry
- 1 Unit(s) Kiwi
- 1 Unit(s) Banana
- 1 Unit(s) Orange
- 1 Unit(s) Granny smith apple
- 100 Gr Raspberries
- 8 Leaf(ves) Basil

Mascarpone cream preparation

- 200 Ml Cream 35%
- 30 Gr Icing sugar
- 100 Gr Mascarpone

Preparation

• Preparation time **30 mins**

General preparation

Cut all fruit into small dice. Finely mince the basil. Mix all fruits with basil and keep in the fridge.

Berry coulis preparation

Mix frozen berries with sugar using a food processor. Add water if necessary and keep in the fridge.

Fruit coulis preparation

- 300 Gr Frozen berries
- 60 Gr Sugar
- 100 Ml Water

Mascarpone cream preparation

Using an electric mixer, whip the cream with mascapone cheeses and sugar until you get a smooth texture.

<u>To serve</u>

Serve this dessert in beautiful glass jars: Place a serving of fruit tartare at the bottom of each jars, pour some berry coulis on the fruit tartare and drop a dollop of mascarpone cream on top.

Bon appétit!