Green papaya and shrimps salad, cilantro and lime

Recipe for 4 persons

Description

Salad of julienned green papaya, cilantro, cherry tomatoes, chopped peanuts and seasoned with a sweet and sour dressing made with fish sauce and lime and garnished with shrimps.

Note

You can find green papayas in Asian markets. This is not the fruit that has not matured or developed its sweetness, nor the orange color of its flesh.

Ingredients

For the green papaya salad

- 1 Unit(s) Green papaya
- 4 Unit(s) Long beans
- 10 Unit(s) Cherry tomatoes
- 1 Clove(s) Garlic
- 1 Unit(s) Bird's eye chili
- 15 Ml Dry shrimps
- 6 Sprig(s) Fresh cilantro
- 30 Gr Peanuts
- 12 Unit(s) Medium shrimps cooked

Preparation

• Preparation time 30 mins

General preparation

Peel the green papaya and cut it into very thin strips. Cut the cherry tomatoes in half. Cut the beans into pieces of about 4 cm. Remove the cilantro leaves from the stems. Crush the peanuts. Chop the dried shrimp.

For the papaya salad

In a mortar, crush the garlic with the chili. Add the pieces of beans and mash them a little bit using the pestle, then add the papaya and dried shrimp and mash slightly. Transfer to a bowl. Still in the mortar, crush the palm sugar, then add the fish sauce and lime juice. Add everything to the papaya salad. Mix well.

<u>To serve</u>

On your plate, place a good portion of papaya salad and garnish with tomatoes, cilantro and peanuts. You can garnish your salad with some cooked shrimps for a fancier version of the traditional salad.

For the dressing

- 2 Unit(s) Lime
- 50 Gr Palm sugar
- 50 Gr Fish sauce Nuoc-mâm

Bon appétit!