Grilled asparagus and hollandaise sauce

Recipe for 4

Description

The perfect accompaniement to a summer brunch or grill.

Ingredients

Grilled asparagus

• 1 Bunch(es) Green asparagus

Hollandaise sauce

- 4 Unit(s) Egg
- 30 Ml Water
- 250 Gr Clarified butter
- 5 Ml Lemon juice

Preparation

- Preparation time 30 mins
- Preheat your barbecue at 500 F°

Grilled asparagus

Prepare the asparagus by breaking off the stem side of each asparagus.

Drizzle with olive oil, salt and pepper.

On a hot, pre-heated barbecue, grill the asparagus for roughly 1 minute on each side. Set aside. Serve hot with the hollandaise sauce on top.

Hollandaise sauce

On a steam bath, beat the egg yolks with the water. Mix well until the mixture foams. Remove the mixing bowl from the water bath and stir in the clarified butter, without stopping to wisk. If the sauce cools too much for the incorporation of butter, put it back on the water bath for a few seconds. Season with salt and pepper then add a dash of lemon and serve immediately.

Bon appétit!