Grilled vegetable skewers on the BBQ,

Recipe for 4

Description

Grilled vegetable skewers, served cold or warm

Note

Make sure that the thickness of the cut of the vegetables is sufficient to support the BBQ.

Ingredients

For the vegetables

- 1 Unit(s) Eggplant
- 2 Unit(s) Zucchini
- 1 Unit(s) Red onion
- 2 Unit(s) Red pepper
- Salt and pepper
- Olive oil

Preparation

- Preparation time 20 mins
- Preheat your **BBQ** at **500** F°

<u>Setting up</u>

Ingredients

Wash the vegetables and cut them into large 3 cm cubes. For the peppers, cut them in half, empty them and then cut them into cubes like the previous vegetables.

Assemble all the vegetables on your skewers. Season them with salt and pepper and a dash of olive oil.

<u>cook</u>

Place all the vegetable skewers on the BBQ, about 2 to 3 minutes per side.

Bon appétit!