Marinated artichoke salad, parmigiano and prosciutto- Virtual Workshop Version

Recipe for 2

Description

A salad with ingredients that go perfectly well together.

Note

Be careful when seasoning your artichokes, especially if you find them already marinated, salted and seasoned. Always taste before seasoning.

Ingredients

Artichoke salad

- 1 Can(s) Artichoke heart
- 1 Tbsp Olive oil
- 2 Clove(s) Garlic
- 1 Tbsp dried parsley
- 1 Tbsp Dried Oregano
- 1 Tbsp White balsamic vinegar
- 4 Thin slice(s) Prosciutto
- 50 Gr Parmesan
- Salt and pepper

Preparation

• Preparation time 20 mins

To prepare before class

Make sure all your ingredients are mesured and out.

Material

1 peeler, 1 mixing bowl

The salad

In a mixing bowl, mix your artichokes with the oregano, parsley, vinegar, olive oil, chopped garlic and a bit of salt and pepper. Taste and rectify the seasoning if needed.

Finishing touches

In your favorite plate, place here and there a couple pieces of artichokes, randomly roll your prosciutto and place between your artichokes. Finish by making parmesan shavings on your plate with your peeler and just a dash of olive oil,

Bon appétit!