Molten dark chocolate cake, berry coulis and vanilla ice cream |

Recipe for 12 petits gâteaux

Description

Warm and molted small chocolate cake served with a berry coulis and a scoop of vanilla ice cream for a an unparalleled heat contrast.

Note

The cooking time will vary depending on the shape and size of your molds, make sure the surface changes from gloss to matt on the edges that will tell you that it is cooked enough to hold it's shape but still melting inside.

Ingredients

For the molten chocolate cake

- 165 Gr Salted butter
- 45 Gr Maple syrup
- 4 Unit(s) Egg
- 100 Gr Sugar
- 100 Gr Flour
- 250 Gr Dark chocolate

Preparation

- Preparation time **30 mins**
- Preheat your four at 400 F°

Molten chocolate cake preparation

In a bowl drop the eggs and whisk. In a double boiler melt the chocolate with maple syrup and butter. Remove from heat and add eggs and egg yolks and mix. Using a whisk, mix the flour and sugar and add to chocolate mixture. Mix well.Lightly grease the molds of your choice. Place on a baking sheet.Spread a little chocolate mixture into the molds by filling them 2/3 full, bake for 10-15 minutes, until the top begins to be mat. Remove the pans from oven and let stand 5 minutes before returning.

Berry coulis preparation

Mix thawed berries with sugar. Add a little bit water if necessary.

<u>To serve</u>

Flip your molds over on your plates and place a scoop of vanilla ice cream on top of the cake. Serve immediately with berry coulis. You can serve your fondant decorated with fresh strawberries or raspberries for a touch of color.

For the berry coulis

- 200 Gr Frozen berries
- 30 Gr Sugar
- 50 Ml Water
- 6 Scoop(s) Vanilla ice cream

Bon appétit!