

Oats blackberry Smoothie

Recipe for 4 persons

Description

sve

Ingredients

zavd

- 125 Ml Oatmeal
- 250 Ml Milk
- 125 Ml Frozen blueberries
- 3 Tbsp Honey
- 85 Ml Vanilla greck yogourt
- 60 Ml Ice cubes

Preparation

- Preparation time **15 mins**

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avfc

Bon appétit!