Pearl white onion cream |

Recipe for 300 ml



Description

As a garnish for a burger, tartare, grill, fish, pasta... an all-rounder that will play its part in any recipe.

Note

You can color the onions, but you won't get such whiteness.

Xanthan gum is a binder and thickener, and other products can play the same role.

Ingredients

Onion cream

- 500 Gr White onion
- 2 Pinch(es) Salt
- 55 Ml Cream 35%
- 10 Ml White wine vinegar
- 1 Gr Xanthan gum

Preparation

• Preparation time 60 mins

Onion cream

Peel and finely chop the onions.

Sauté the onions gently for around 45 minutes, without browning. Once the moisture has largely evaporated, pour the onions into a blender.

Add the white wine vinegar and cream, blend to a smooth purée, add the Xanthan gum and blend again.

The result is a white onion cream that can be used hot or cold, as required.

Bon appétit!