Rhubarb and strawberries verrine, pistachio and hazelnuts crumble and lemon cream |

Recipe for 12 tapas

Description

Stewed seasonal rhubarb and strawberries with a crunchy pistachio and hazelnuts crumble and whipped cream with lemon zest for a refreshing and colorful dessert.

Note

When the rhubarb and strawberries are not in season, you may very well use frozen ones.

Ingredients

For the compote

- 200 Gr Rhubarb
- 250 Gr Strawberry
- 100 Gr Pink grapefruit juice
- 100 Gr Sugar
- 5 Ml Lemon juice

For the lemon cream

- 300 Gr 35% whipping cream
- 40 Gr Icing sugar
- 1 Unit(s) Lemon

Preparation

- Preparation time **45 mins**
- Preheat your four at 375 F°

General preparation

Zest the lemon. Hull the strawberries in and keep some for decoration, that you will cut into strips. Cut rhubarb into small pieces.

Crumble preparation

Place pistachios in the bowl of a food processor and blend in spurts until very small pieces. In a large bowl, stir together sugar and butter. Add the pistachio powder, flour, baking powder and pistachio paste and mix. Place the mixture on a baking sheet lined with parchment paper and bake until browned or 15-20 minutes. Let cool and set aside.

Rhubarb and strawberry compote

In a saucepan, combine fruits, sugar, grapefruit juice and lemon juice. Bring to a boil. Reduce heat and simmer for 10 minutes. Transfer to a bowl and let cool completely (You can use an ice bath).

For the crumble

- 50 Gr Flour
- 50 Gr Sugar
- 50 Gr Hazelnuts
- 50 Gr Butter
- 20 Gr Pistachio paste

Lemon whipped cream preparation

In the bowl of a mixer drop the cream, sugar and lemon zest. Whip cream until thick and creamy.

To serve

Once all your elements are cooled down, place the order at the bottom of your glass jars: the fruits compote, then some crumble and finally a rosette of lemon cream. Garnish with some fresh strawberries.

Bon appétit!