Salmon poke, spicy mayonnaise, Edamame, wakame, tobiko, sesame, green onion whistles |

Recipe for 12 Tapas



Description

So tasty this hawaian poke bowl

Note

You can use tuna or another fish instead of salmon!

Vous pouvez aussi le présneter sous forme de plat pour 4 pers.

Ingredients

Poke

- 500 Ml Jasmine or Basmati rice
- 750 Ml Water
- 60 Ml Rice vinegar
- 100 Gr Edamame (soybeans)
- 30 Gr Wakame (seaweed)
- 1 Tbsp Sesame seeds
- 400 Gr Salmon filet
- 30 Unit(s) Japanese pickled ginger
- 4 Tbsp Fries scallions
- 1 Unit(s) Green onion
- 2 Tbsp Tobiko eggs

Preparation

• Preparation time **45 mins**

Prep

Cook the edamame in a large pot of boiling salted water for 4 minutes. Slice the salmon in 2 to 3 mm slices thick.

Mayonnaise

- 1 Unit(s) Egg yolk
- 1 Tsp Dijon mustard
- 1 Unit(s) Lemon juice
- 1 Tsp Sriracha sauce

Cisel the ginger and the green onion.

Rice

Cook the rice (jasmine) in a pot with a lid for 14 minutes.

Remove from heat and leave aside for 5 minutes.

Season when still warm with sugar, salt and rice vinegar.

Mayonnaise

Mix the egg yolk with mustard and leave aside for 5 minutes.

Mix non stop with a whisk slowly adding the oil.

Add the lemon juice and the sriracha sauce and season to taste with sea salt and white ground pepper.

Plating

In the bottom of your plate, put some rice with spicy mayo, add more rice.

Add 3 slices of salmon, ginger, edamame, wakame and more spicy mayo.

Garnish with green onion, sesame seeds and fried shallots.

Bon appétit!