Tandoori chicken cooked on charcoal, Biryani rice

Recipe for 4

Description

A delicious way to prepare chicken thighs. A yogourt and tandori spice mix that is sure to please.

Note

Tandoori chicken should always be cooked on a wood fire or charcoal grill to get that authentic smoky taste but the recipe will work well on a traditional gas BBQ as well or oven.

Ingredients

Chicken

- 4 Unit(s) Boneless chicken thigh
- 50 Ml Plain yogurt 2%
- 2 Clove(s) Garlic
- 1 Tsp Sriracha sauce
- 1 Tbsp Masala tandori
- 0.50 Unit(s) Lime
- · Salt and pepper
- Vegetable oil

Biryani rice

- 2 Unit(s) Onion
- 4 Clove(s) Chopped garlic
- 250 Ml Basmati rice
- 1.50 Tsp Red cari paste
- 1 Tbsp Fresh ginger
- 500 Ml Chicken stock
- 0.25 Unit(s) Cauliflower
- 3 Unit(s) Carrot
- 0.25 Cup(s) Frozen green peas
- 0.25 Cup(s) Sultana raisin
- 0.25 Cup(s) Pistachios
- Salt and pepper
- Vegetable oil

Preparation

- Preparation time **30 mins**
- Preheat your barbecue at 550 F°
- Resting time 60 mins

Preparation

Finely mince the garlic. Squeeze the lime and set the juice aside.

Combine all of the ingredients in a mixing bowl, season with salt and let the chicken marinate for at least one hour.

Cooking the chicken

Before grilling, remove the chicken from the bowl to get rid of excess sauce. Season the grill with vegetable oil. Cook for roughly 3-4 minutes on high, direct heat and then finish cooking on indirect heat if necessary. The internal temperature of the chicken should reach at least 80°C.

Biryani rice

Bon appétit!