

Turkey burger, sautéed mushrooms, Brie cheese and arugula salad

Recipe for 4

Description

Turkey Burger with North African flavors served with sautéed mushrooms with garlic, melted Brie cheese and a nice arugula salad on the side.

Note

The Berbers are the indigenous peoples of North Africa. You can find Berber breads which are very similar to hamburger buns, sometimes flavored with anise or figs, in the bakery section of your grocery store.

Ingredients

For the turkey burger

- 400 Gr Ground turkey
- 5 Ml Cumin powder
- 1 Unit(s) Shallot
- 1 Unit(s) Egg
- 6 Sprig(s) Fresh cilantro

- Salt and pepper
- Vegetable oil
- Olive oil

For the garnish

- 4 Unit(s) Burger bun
- 100 Gr Brie cheese
- 150 Gr Button mushrooms
- 1 Clove(s) Garlic
- 15 Ml Grainy mustard
- 1 Unit(s) Egg yolk
- 100 Ml Vegetable oil
- 15 Ml Dijon mustard

- Salt and pepper
- Vegetable oil
- Olive oil

For the arugula salad

- 4 Handful(s) Arugula salad
- 15 Ml Lemon juice
- 30 Ml Olive oil

- Salt and pepper
- Vegetable oil
- Olive oil

Preparation

- Preparation time **30 mins**
- Preheat your **Oven** at **400 F°**

General preparation

Remove the mushroom stems and slice them. Chop the cilantro and mince the shallots and garlic. In a bowl, whisk the egg yolk with the Dijon mustard and lemon juice. Add in the vegetable oil in a

drizzle, while whisking constantly until you get a stiff mayonnaise consistency. Season with salt and pepper.

Turkey burger preparation

In a large bowl, mix the meat with the spices, cilantro, shallots and egg. Season with salt and pepper and mix well. Form meatballs of 150 g each and flatten them on a plate. In a skillet, sear the burgers on each side and place them on a baking sheet. In the same skillet, sauté mushrooms in a drizzle of olive oil, season with salt and pepper and cook for 2-3 minutes add the chopped garlic. Then place the mushrooms on the burgers and cook for 6-8 minutes in the oven. Cut your Berber bread in half and put a slice of Brie cheese on top. Melt the Brie in the oven for 2 minutes. Garnish your bread with mayonnaise and old-style mustard.

Arugula salad preparation

Mix the arugula with lemon juice and olive oil, season well with salt and pepper.

To serve

Place the burger on your plate and use a bamboo skewer to hold it together. Serve your burger accompanied by a nice portion of arugula salad.

Bon appétit!