

Yogourt raita

Recipe for 4 personnes

Description

Greek yogourt full of flavors, perfect deeping for the summer time.

Ingredients

For the raita

- 250 Ml Greek yogurt
- 0.50 Bunch(es) Mint
- 0.25 Bunch(es) Flat parsley
- 1 Unit(s) Lemon
- 1 Clove(s) Garlic
- 0.50 Unit(s) Cucumber
- 0.50 Tsp Tabasco
- 5 Ml Ground coriander

- Salt and pepper

Preparation

- Preparation time **15 mins**

For the preparations

Empty the cucumber and cut it in small cubes. Chop the garlic, the parsley and the mint. Squeeze the lemon juice and filter it.

For the raita

In a bowl, mix the yogourt, with all the ingredients in the recipe, fix the seasoning. Serve it with grilled pita bread.

Bon appétit!